



Since 1987! 858-486-3550

CLICK HERE FOR GREAT SAVINGS!

The Pomerado Newspaper Group

MyLocalNews.com

SERVING POWAY, RANCHO BERNARDO AND 4S RANCH



News Archives

Search

ADVERTISE | CONTACT US

Thursday, October 29, 2009

Local sends beauty products to troops

SHARE PRINT EMAIL

By Kelley Foyt
October 23, 2009

4S Ranch resident Cindy Chan is collecting personal care and cosmetic products for military women serving overseas.

In July Chan founded Operation Courage is Beautiful a nonprofit project to send care packages to women serving overseas, especially in Iraq and Afghanistan.

A donation drive is planned for Nov. 1-8 at locations in San Diego and perhaps Poway with a goal of collecting and sending 1,000 packages by Nov. 12. Drop-off locations can be found at <http://www.operationcourage.org>. More locations are needed, Chan said. Those interested in offering businesses or homes can e-mail courage@stylesynch.com.

"We are bringing femininity and a little bit of joy back into these servicewomen's lives in an industry that is very much male-dominated," said Chan.

"The point of Operation Courage is Beautiful is really to make a difference in the lives of these women," Chan said. "We want to appreciate the contribution that they're making and bring some joy into their lives."

Suggested items to donate include deep conditioners, scented lotions, scented soaps, facial moisturizers, nail polish and nail polish remover, nice smelling shampoos and conditioners, facial masks and fashion and women's magazines. Donated items must be new and in original packaging. A more extensive list is available of the Operation Courage is Beautiful Web site operationcourage.org.

Petty Officer 1st Class Heather Diaz-Keane of San Diego is serving in Iraq and said she is enthusiastic about the project.

"Something as simple as a favorite scented soap or lotions can make the biggest difference in how you feel about yourself," Diaz-Keane said in an interview during Chan's research. "I truly believe when a person is comfortable in their own skin, they project a certain level of confidence and are more willing to exert themselves and are happy."

Chan said that her idea for the project came from an article that she read that said that whenever servicewomen had access to some of these items, it made them feel more connected to who they were.

"It is important that they receive these care packages because these items ... help boost confidence and morale, which it always welcome," Chan said. "More importantly, these care packages represent our support and appreciation for these women's contribution and sacrifice."

Each care package costs approximately \$11 to send, Chan said. In addition to accepting items as donations, the organization is also accepting monetary donations in order to assist with shipping.

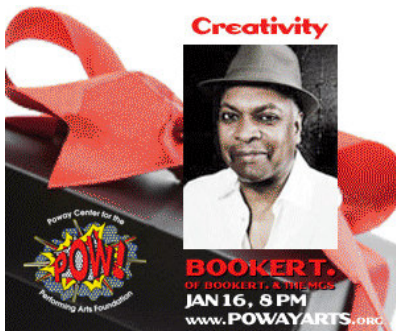
Chan said that they are currently looking for recipients to send the packages to. People with friends or family who are deployed can nominate them in the organization's online form or e-mail courage@stylesynch.com.

Reader Comments

[Talk Back](#): Share your thoughts on this story



Cindy Chan launched "Operation Courage is Beautiful" in July, a nonprofit that sends care packages to women serving overseas in the military. STAFF PHOTO BY STEVE DREYER



CURRENT WEATHER

10/29/2009

Poway  64 °F

© accuweather.com

MORE NEWS

- Enjoy family fun at Sunday's Fall Festival at 4S Ranch
- Rancho Bernardo man charged with first degree murder of neighbor
- Lights, artificial turf sought for Arbolitos fields
- Grads return to inspire students to achieve
- DeMaio hosting Nov. 5 meeting on city finances

[CONTACT US](#) | [ADVERTISE](#) | [RSS FEEDS](#)

Copyright © 2009 San Diego Suburban Newspapers. All rights reserved.

San Diego  **Suburban Newspapers**

[Carmel Valley Leader](#) | [Del Mar Times](#) | [La Jolla Light](#) | [Poway News Chieftain](#) | [Ramona Sentinel](#) | [Rancho Bernardo News Journal](#) | [Rancho Santa Fe Record](#) | [Solana Beach Sun](#)
[Today's Vintage](#)